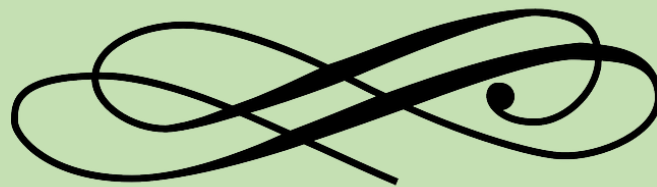


# *Going for the Goal*



## *Café Menu*



*Recipes for Success*

# *Appetizers: Which career is for me?*

**\*All must complete individually\***



1. Read: <https://www.thebalancecareers.com/steps-to-choosing-career-525506>
2. Complete a Career Assessment, such as Kuder Navigator
3. Based on that assessment, create a list of questions that you would like answered to finalize which career would be a good fit for you
4. Use research to answer those questions
5. Select one potential future career
5. Create a SMART Goal for that selected career

## Potential Resources

- [Occupational Outlook Handbook, 2012-2013 Edition\\*](#) (in [Spanish](#)) & [Career Info for Kids Based on Subject of Interest](#)
- [Kids Gov. Careers\\*](#)
- [Worksmart Job Titles with Groups](#)
- [Occupational Profiles at Career.org](#) (has a video with each profile but you have to set up a free account)\*
- [I Seek Career Clusters](#)
- [Career One Stop: America's Career InfoNet](#)
- [Recruiter: Careers & Occupations](#) (includes videos)
- [NY Career Zone](#) (has videos for some careers)
- [Princeton Review Career Profile](#)
- [Exploring Occupations](#) (University of Manitoba)
- [Job Star Careers](#)
- [College Grad Careers](#)
- [Monster Career Snapshots](#)
- [All Star Jobs Career Profiles](#)
- [The Fun Works](#) - Careers you never knew existed
- **VIDEOS:** [Career Cluster Videos](#)
- **VIDEOS:** [Science 360: Profiles of Scientists & Engineers](#)
- [Major & Career Profiles](#)
- [Job Applications Online](#)

# *Bread: A Day in the Life*

In small groups, complete the box for the level of education required for your future career:

## **High School Graduate**

Read and reflect on the following articles:

<https://www.npr.org/sections/ed/2018/04/25/605092520/high-paying-trade-jobs-sit-empty-while-high-school-grads-line-up-for-university>

<https://work.chron.com/six-advantages-working-after-high-school-15907.html>

<https://www.flexjobs.com/blog/post/successful-career-without-college/>



## **Certificate/Specialized Training program or Associate's Degree (2 year)**

Read and reflect on the following articles and video:

<https://www.trade-schools.net/articles/college-vs-university.asp>

<https://www.greatschools.org/gk/articles/great-careers-without-college-degree/>

Video: <https://studentaid.ed.gov/sa/types>

Read and watch the short video on this page:  
<https://studentaid.ed.gov/sa/types>

## **Bachelor's Degree and higher (4 or more years)**

Read and reflect on the following articles and video:

Reading: <https://www.fastweb.com/college-search/articles/top-15-mistakes-to-avoid-in-choosing-a-college>

<http://www.collegequest.com/things-to-consider-when-choosing-a-college.aspx>

Video: <https://studentaid.ed.gov/sa/types>

Read and watch the short video on this page:  
<https://studentaid.ed.gov/sa/types>



# *Salad (all must complete)*

Participate in an instructor provided mini-lesson to complete a practice job application



## *Side Dishes*

*Choose 1 from each category*



**Starch: Job shadow or informational interview (individual)**

1. Job shadow an individual in your selected career
2. Complete a virtual job shadow
3. Complete an informational interview

Tips: <https://www.youtube.com/watch?v=Mqo0IsStelk>



Answer 20 questions of your choice from the following 2 sites:

[https://www.cals.vt.edu/content/dam/cals\\_vt\\_edu/alumni/mentoring/Job-Shadowing-Questions.pdf](https://www.cals.vt.edu/content/dam/cals_vt_edu/alumni/mentoring/Job-Shadowing-Questions.pdf)

[https://www.ppd.admin.cam.ac.uk/files/useful\\_questions\\_to\\_ask\\_on\\_a\\_placement.pdf](https://www.ppd.admin.cam.ac.uk/files/useful_questions_to_ask_on_a_placement.pdf)



**Vegetable: Soft skills (with a partner)**

1. Research soft skills. Complete a Venn diagram that compares and contrasts both of your soft skills (must have at least 15 for each)
2. Collaborate to create a model or drawing of the ideal employee that includes the 20 soft skills you agree are the most important
3. As a team, create an advertisement that would convince a potential employer to hire you





## *Main Course: My Future Career*

**Create a project about your future career: (must be completed individually)**

1. Include as much accurate information about your future career as you can, in your own words. This must cover the 8 guiding questions below.
2. Make sure you have a “catchy” introduction to your career and a conclusion that summarizes the main points and creatively wraps up the Presentation.
3. Visual aids: Include visuals that will help your audience visualize different aspects of this career.
4. A typical day: Include a description of a day in the life as an adult working in this career. Include the responsibilities and challenges you would face as you carry out the job.
5. Résumé and cover letter: Complete the résumé and cover letter as if you had already completed your education and were ready to begin working in your career. Include relevant information that demonstrates you understand your career and what it takes to get hired in this profession. You are trying to make yourself look like a good candidate for the job.
6. Annotated bibliography: Construct an annotated bibliography using no less than 5 credible sources.

### **Guiding Questions to Answer in Your Career Report:**

1. The Job - What are the job responsibilities and duties of someone doing this job?
2. Education Needed – What are the educational requirements? College? Graduate school? Technical School? How many years more after high school? What subjects and classes does one need to take and be good at in order to get more experience and to make oneself more hireable?
3. Special Skills Needed – Other than my education and my degree, what other skills would make me a better candidate for a job in this career? Computer skills? Relational/people skills? Writing skills? Public speaking skills? Why are these particular skills needed for this job?
4. Salary – What is the range of salary for someone in this career?
5. Working Conditions and Number of Hours of Work per Week – Do you work in an office? Do you have to travel a lot? Do you always have to be around people? Do you have little to no contact with people?
6. Advantages and Disadvantages to doing this Job – What are the benefits and the joys of doing this job? What are the hard parts and the not so desirable realities that one must face in this career?
7. Occupational Future - What is the future of this occupation? Will the number of jobs in this career grow in the future, stay the same, or decrease? Is there a good future for someone doing this job?
8. Why I am interested in this career and why is it a good fit for me? – Explain your reasoning.

# *Dessert: The Job Interview*

## *Must complete all activities*

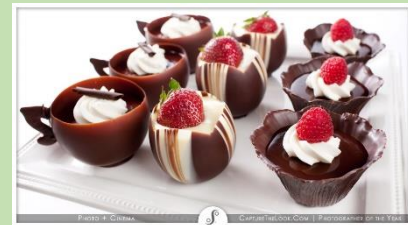
Participate in an instructor provided mini-lesson to learn how to schedule an interview on the telephone. Then practice with a partner.



With a partner, research potential interview questions and formulate your own answers. Practice asking each other the questions aloud.

Tell me about yourself -  
<https://www.youtube.com/watch?v=OW-yxxPMtro>

Observe and critique interviewees in a video.



Practice mock job interviews in small groups.

Mock interview day: Dress for success and be on time for a virtual interview with a guest interviewer.



Construct a thank-you letter to your interviewer.

Episode 100: How to Compose an Interview Thank You Letter

<https://www.youtube.com/watch?v=AAsGNTSZb0w>